



## Kristin's Pancakes

Here is the recipe for Kristin's pancake mix. This makes a huge batch of mix.  
Mary

- 10 c. white flour
- 6 c. whole wheat flour
- 1 c. sugar
- 4 tsp. salt
- 2-1/2 c. vanilla soy powder "Better Than Milk" (available at Akins Health Foods)
- 1 c. baking powder

Mix all ingredients together thoroughly. To use, mix 1 cup of mixture with 3/4 c. water and 1-1/2 Tbsp. oil. Fry on lightly oiled griddle.

**Source URL:** <http://peterandpaul.net/recipe-kristins-pancakes>